

Flu Vaccine Available Now!



The vaccine is \$35 BUT some people may be eligible for a free flu vaccine - to book an appointment or find out more information please phone the practice on 04 801-5228.

You can also find more information about the flu and the vaccine at www.fightflu.co.nz

Other unfunded vaccinations that are recommended include: Zostavax, which protects against Shingles, Pneumovax which covers protection against certain types of pneumonia and Boostrix which is a vaccine containing Tetanus, Diphtheria and Whooping Cough.

If you would like to take protection for the winter then please contact our reception for an appointment with the nurse.

Manage My Health



We have received good feedback with regard to our patient portal 'Manage My Health'. Patients are enjoying the ability to book appointments online as well as ordering repeat prescriptions.

If you are not already registered and wish to enjoy the benefits the patient portal offers contact reception on reception@cmed.co.nz or phone 04 801 5228 for further details.

Changes to our Team

We would like to welcome Vicky our new receptionist who has replaced Pip, who has moved after 16 years with Courtenay Medical to the sunny Bay of Plenty!

Repeat Prescription Requests

You can now order a repeat prescription from our website www.cmed.co.nz or via the Manage My Health patient portal. Please ensure you give us your full name, date of birth, repeat medication and advise how your wish to collect. If you require your script to be faxed to a pharmacy, advise Pharmacy details.

Free Wi-Fi

We now have free Wi-Fi in the waiting room.



Contact Details

Please ensure your contact details including email and mobile phone number are up to date. This is important as we now have the facility to email invoices. We also text to remind of upcoming appointments as well as notifying when prescriptions are ready.

Travel Health

See the Courtenay Medical team for your travel health needs.

We offer:

- Routine and travel vaccinations
- Travel medications including antimalarial tablets
- Travel health advice
- Travel first aid kits

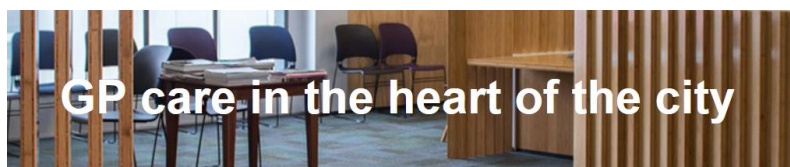
To find out more, visit www.cmed.co.nz and download our travel health questionnaire.



Our website

Check out our new website www.cmed.co.nz

Please visit and have a look. You can order a repeat prescription, download our travel consultation form, see our wide range of services and find out about our latest news and health items of interest.



When we are closed...

You can seek medical attention at:
Wellington Accident & Urgent Medical Centre, 17 Adelaide Rd, Newtown, Wellington (04) 384-4944
Open every day 8am-11pm



Or between the hours of 11pm—8am
Wellington Hospital Emergency Department, Riddiford St, Newtown, Wellington.

EMERGENCY

Or Phone Healthline on 0800 611 116

Free health advice when you need it

Healthline
0800 611 116
www.healthline.govt.nz

Influenza.
Don't get it.
Don't give it.



We are on Facebook. Like our page and find out what's happening at Courtenay Medical.