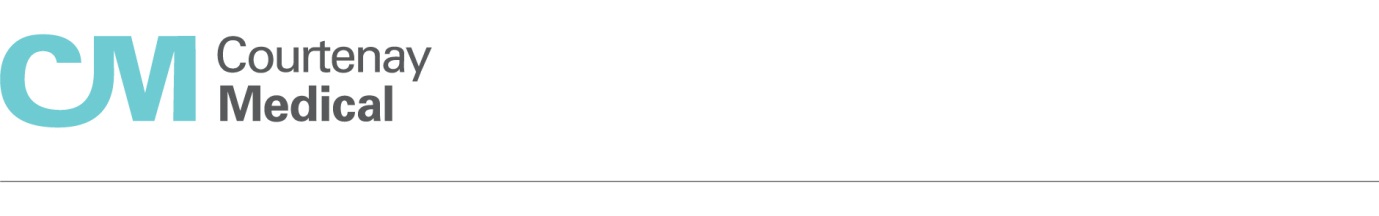
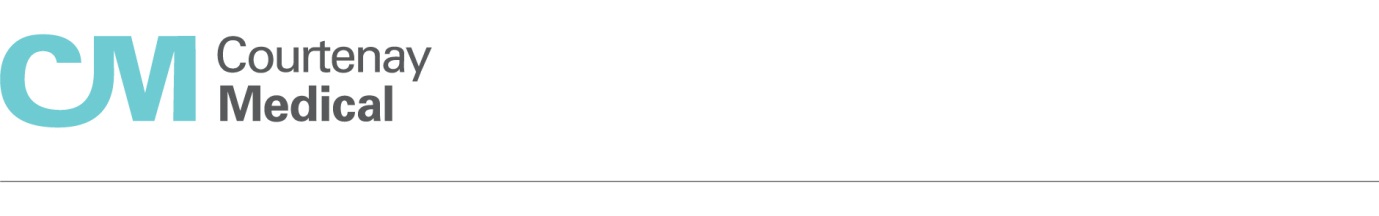
[](http://www.google.co.nz/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjE2_aJ8N3QAhVCKZQKHfEjBz4QjRwIBw&url=http://www.medtechglobal.com/managemyhealth-usa/&psig=AFQjCNHXItbEwKym8i43oNoSeEi41DRO-Q&ust=1481055552838813)

**Contact Details**

Please ensure your contact details including email and mobile phone number are up to date. This is important as we now have the facility to email invoices. We also text to remind of upcoming appointments as well as notifying when prescriptions are ready.

We have received good feedback with regard to our patient portal ‘Manage My Health’. Patients are enjoying the ability to book appointments online as well as ordering repeat prescriptions.

If you are not already registered and wish to enjoy the benefits the patient portal offers contact reception on [reception@cmed.co.nz](mailto:reception@cmed.co.nz) or phone 04 801 5228 for further details.

**Manage My Health**

The vaccine is $35 BUT some people may be eligible for a free flu vaccine - to book an appointment or find out more information please phone the practice on 04 801-5228.

You can also find more information about the flu and the vaccine at [www.fightflu.co.nz](http://www.fightflu.co.nz)

**Flu Vaccine Available Now!**

[](http://www.google.co.nz/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjTpozdk7TTAhVIOJQKHbRtCLwQjRwIBw&url=http://www.influenza.org.nz/&psig=AFQjCNHMy1kin_3N1X9lardToR99umtZ1A&ust=1492816167187509)

Other unfunded vaccinations that are recommended include: Zostavax, which protects against Shingles, Pneumovax which covers protection against certain types of pneumonia and Boostrix which is a vaccine containing Tetanus, Diptheria and Whooping Cough.

If you would like to take protection for the winter then please contact our reception for an appointment with the nurse.

**Manage My Health**

Autumn Newsletter 2017

www.cmed.co.nz

**Free Wi-Fi** We now have free

Wi-Fi in the waiting room.

**Repeat Prescription Requests**

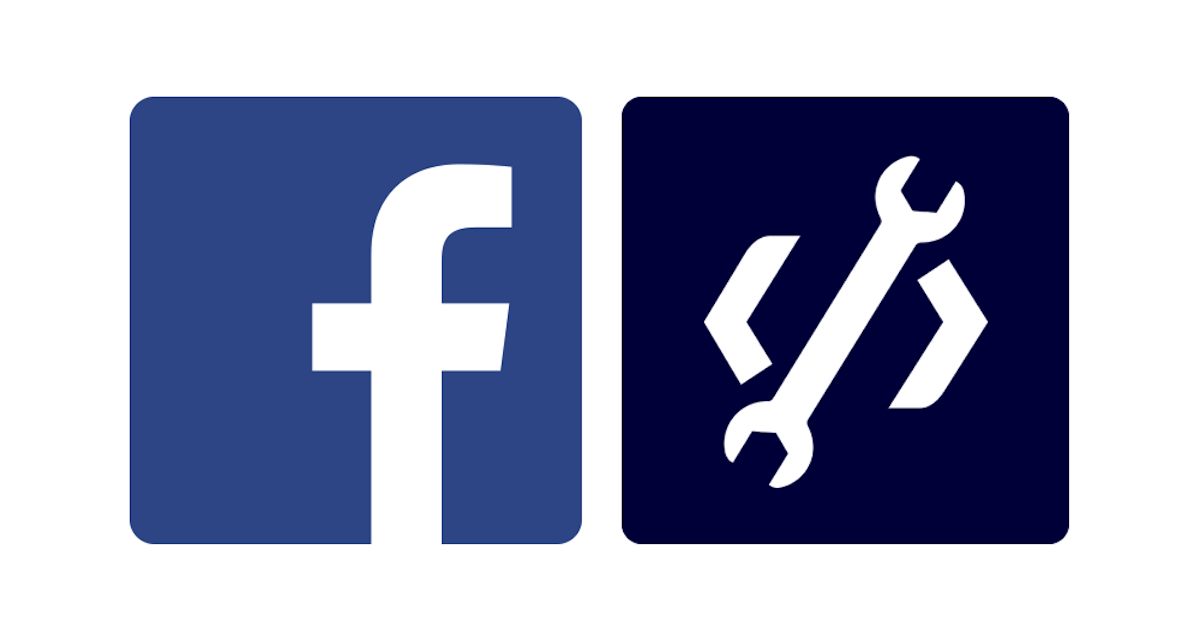
You can now order a repeat prescription from our website [www.cmed.co.nz](http://www.cmed.co.nz) or via the Manage My Health patient portal.

Please ensure you give us your full name, date of birth, repeat medication and advise how your wish to collect. If you require your script to be faxed to a pharmacy, advise Pharmacy details.

**Changes to our Team**

We would like to welcome Vicky our new receptionist who has replaced Pip, who has moved after 16 years with Courtenay Medical to the sunny Bay of Plenty!

We are on Facebook. Like our page and find out what’s happening at Courtenay Medical.

[](https://www.google.co.nz/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwiNlPO6m7TTAhVBj5QKHZOkAYIQjRwIBw&url=https://developers.facebook.com/&psig=AFQjCNGTAl1-4oo7CcMEqjFCkeHRO_dc6g&ust=1492818231029734)

[](http://www.google.co.nz/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjhpO6Em7TTAhXBHpQKHd-aBJQQjRwIBw&url=http%3A%2F%2Fwww.fightflu.co.nz%2Finfluenza-facts&psig=AFQjCNHMy1kin_3N1X9lardToR99umtZ1A&ust=1492816167187509)

**Travel Health**

See the Courtenay Medical team for your travel health needs.

We offer:

* Routine and travel vaccinations
* Travel medications including antimalarial tablets
* Travel health advice
* Travel first aid kits

To find out more, visit [www.cmed.co.nz](http://www.cmed.co.nz) and download our travel health questionnaire.



**Our website**

Check out our new website [www.cmed.co.nz](http://www.cmed.co.nz)

Please visit and have a look. You can order a repeat prescription, download our travel consultation form, see our wide range of services and find out about our latest news and health items of interest.



**When we are closed…**

You can seek medical attention at: Wellington Accident & Urgent Medical Centre, 17 Adelaide Rd, Newtown, Wellington (04) 384-4944 Open every day 8am-11pm

Or between the hours of 11pm—8am Wellington Hospital Emergency Department, Riddiford St, Newtown, Wellington.

Or Phone Healthline on 0800 611 116

www.cmed.co.nz

Autumn Newsletter 2017